



# CHRIST OVERFLOWING

## Hold on to Christ Alone

Colossians 2:16-23

Dr. David Rhoades, Senior Pastor • Broadview Church • May 8, 2022

*These questions are provided for your further study and application of Sunday's sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of the study. It is also helpful when you are able to discuss your answers with others. For more information about Bible Study Groups at Broadview Church that utilize these questions as the basis for their weekly discussion, please visit [broadviewchurch.com/biblestudies](http://broadviewchurch.com/biblestudies) or email us at [contact@broadviewchurch.com](mailto:contact@broadviewchurch.com).*

1. Read Colossians 2:16-17. What is an example of how someone might try to judge another person with regard to the things listed in verse 16? What words in these verses might indicate that some believers were tempted to embrace Judaism? Why is embracing Old Testament regulations unhelpful for Christians?
2. What are some examples of groups or movements that might engage in the practices listed in verse 18? How would you describe asceticism? What is wrong with ascetic practices? What is wrong with worshiping angels? What does Paul say in verse 19 about the person who does these things?
3. Read Romans 6:8 and 1 Peter 2:24. Do these verse, along with Colossians 2:20, indicate that our death with Christ has already happened or has yet to happen? Which "world" or realm do religious regulations belong to, according to verses 20-22?
4. In Colossians 2:23, Paul mentions that religious regulations have a "reputation for wisdom." What is the difference between that and true wisdom from God? According to Proverbs 1:7, how do we begin to acquire a knowledge of God and his wisdom?

### Colossians 2:16-23

16 Therefore, don't let anyone judge you in regard to food and drink or in the matter of a festival or a new moon or a Sabbath day. 17 These are a shadow of what was to come; the substance is Christ. 18 Let no one condemn you by delighting in ascetic practices and the worship of angels, claiming access to a visionary realm. Such people are inflated by empty notions of their unspiritual mind. 19 He doesn't hold on to the head, from whom the whole body, nourished and held together by its ligaments and tendons, grows with growth from God.

20 If you died with Christ to the elements of this world, why do you live as if you still belonged to the world? Why do you submit to regulations: 21 "Don't handle, don't taste, don't touch"? 22 All these regulations refer to what is destined to perish by being used up; they are human commands and doctrines. 23 Although these have a reputation for wisdom by promoting self-made religion, false humility, and severe treatment of the body, they are not of any value in curbing self-indulgence.

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